I hate my job. The podcast.



This podcast is dedicated to every poor bugger who gets that 'sinking feeling' Sunday night knowing they have to work the next day.

It's a podcast about people who hated their jobs so much they did something about it. Permanently.

See this leaping, highly Instagrammable image?



Most people don't feel that excited about their jobs.

But after making major career changes, the guests on *I hate my job* podcast do!

We find out what they moved FROM and TO, what it took financially and emotionally, and how they tackled the naysayers and their own egos!

These are stories of regular Aussies being their own inspiration ... without an Instagram account.







One in three (35%) Aussies are considering changing jobs post COVID-19

According to the ING Future Focus report 3 million of them want a complete career change. This is a Covid-19 story.

Audience? Vibe? Intent.

AUDIENCE: Niche audience can focus on one or more of these target groups: millenials disenfranchised with their career choice; frantic return to work parents trying to find the guts to start a new gig; and/or despirted mid-lifers who just know there's got to be better ways to earn a crust.

VIBE: Anyone whose gig is convincing people to #liveyourbestlife and follow in their golden, digital-nomad footsteps will NOT be a guest.

Real people who have big, thorny challenges, complex lives and limited resources WILL be our guests.

INTENT: To hook in a bit of inspiration and show the light at the end of the tunnel. Audience will get practical tips and the no-holds-barred examples of how to navigate a career transition.

SOUNDSCAPE: There's great scope for a rich and eclectic soundscape relating to different jobs and industries - think twin-propellor airplanes, labour wards, Naval ships, financial markets, DIY powertools. And the long pauses or sharp retorts after the question "How much did you hate your job?"

I hate my job - Season 1

Episode 1 Receptionist to Midwife.

When Jill King finished school she skipped uni to go backpacking.
30 years and 3 kids later she finally went back to uni to study nursing. She turned 50 the year she graduated and is now training to be a midwife.

Episode 3 Mum to Able Seaman.

Northern beaches mum Lisa
Tormay decided she needed to
get a life so she swapped
serving at the school canteen
to serving in the Australian
Navy as an Electronics Warfare
Officer.

Episode 2 Trader to Tradie.

Bhavin Kotecha used to handle millions of dollars in derivatives trading. Now he hefts a power drill and toolbox and couldn't be happier.

Episode 4 Finance account manager to journalist.

After years studying and working in finance Aaishah Janif knew it didn't make her heart sing. But she reckons she's found her calling after returning to uni to study a Master of Advanced Journalism. Watch out Alan Kohler.



Episode 5 Bank Manager to Pilot.

When flying across outback Queensland Captain Steve Wallace may look down on the regional banks he used to manage. But once he got his wings with the Royal Flying Doctor Service he's never looked back.

Episode 7 Doctor to Nurse.

After achieving a Ph.D in soil science Kathy Snars worked in regional mining towns and British research facilities. But her heart just wasn't in the job. Ever since she was 10 she really just wanted to be a nurse but being super smart she felt she had to achive more academically. Now she's a Diabetes Educator and knows it's the right job for her.

Episode 6 Facilities Admin Manager to Childcare Educator.

Danielle Wicks used to help manage multimillion dollar commercial real estate assets. Now she manages the education of truely priceless assets - the children at Creative Garden Early Learning Centre.

Episode 8 UN deal broker to Fashion Retailer.

Camilla Schippa arranged meetings between Koffi Annan and Bill Gates. She filled up numerous passports through constant travel and delivered billions of dollars of aid. But now she's happier than she's ever been working in a fashion retail outlet in Newton, Sydney.

Your host - Wendy John

Journalist. Podcaster. Geek.



Corporate background:

• 20 years in HR - Training and Talent Development.

Qualifications:

- Master of Advanced Journalism (UTS) 2020.
- Bachelor of International Business Relations.

Podcasting background:

- Nova Entertainment Podquest winner 2018.
- Australian Society of Authors 'Words Unravelled'.
- Ossie Student Journalism Award Highly Commended for 'DOOMSDAY'; a science podcast about the end of the world.



Wanna chat?

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